

WE SERVE WITH  
**LOVE**  
ANDARU





## ANDARU SIGNATURE

### Massage

#### **RELAXATION HEALING MASSAGE ( 60 MIN )**

**IDR 650.000 NET / PERSON**

Performed by our local Balinese therapist using technique passed down through generation, this full body massage combine stretching, long strokes and skin rolling with palm and thumb pressure.

#### **CANDLE HEALING MASSAGE ( 90 MIN )**

**IDR 900.000 NETT / PERSON**

This gentle massage technique with selection of aromatic has the ability to clear the mind and soothe the body. Focused on creating a sense of overall relaxation, a choice of aromatic oils assist to calm and relax your mind. Start with Aroma ttherapy foot wash then continue with candle healing massage with special fragrant.

#### **HOLISTIC MASSAGE ( 90 MIN )**

**IDR 900.000 NETT / PERSON**

This massage use ancient Balinese technique, where salt help to release bad toxins from the body, keep us fresh and fit. Good for those of us, who experience Insomnia, tiredafter doing activities.

#### **BACK AND SHOULDER MASSAGE ( 45 MIN )**

**IDR 450.000 NETT / PERSON**

Relaxing massage stretching focus on the back, neck and shoulder to relieve tension also stimulate blood circulation.

#### **FOOT THERAPHY MASSAGE ( 30 MIN )**

**IDR 350.000 NETT / PERSON**

A gentle and immensely enjoyable therapy that works on the feet to increase circulation, shift toxins and stimulate the body's self-healing ability. As one of the most neglected parts of the entire body, this massage will leave you with a carefree spring in your step.

## UNWIND NATURALLY

### Relaxation

#### **WARM STONE MASSAGE ( 90 MIN )**

**IDR 900.000 NET / PERSON**

Warm river stones, anointed with soothing massage oil, are gently placed on your chakra energy centers and massaged over your body to melt away stress and tension.

Close your eyes and embrace the calming energy of the river as the warmth of the stones sinks deep into your muscles. These heated stones promote a profound state of relaxation, clarity of mind, and inner peace.

Let the river's essence flow through you rejuvenating, grounding, and deeply healing.



# ANDARU SIGNATURE BATHS

## Theraphy

### **FLOWER BATH ( 45 MINUTES )**

**INTIMATE BATH : RP 950.000 NETT    EXTENSIVE BATH : RP 1.300.000 NETT**

A luxury Balinese bath decorated with variety of colorful flowers to ease muscular fatigue and to cherish your soul. A life time experience in Ubud Bali.

### **LEMON SENSATION BATH ( 45 MINUTES )**

**INTIMATE BATH : RP 1.000.000 NETT    EXTENSIVE BATH : RP 1.500.000 NETT**

Various citrus or citrus fruits are believed to help improve brain health. The flavonoids in citrus fruits are rich in antioxidants that can improve brain health and will escalate the skin cell and work on perfecting your skin.

### **HEAVENLY VINOTHERAPY BATH ( 45 MINUTES )**

**INTIMATE BATH : RP 1.000.000 NETT    EXTENSIVE BATH : RP 1.400.000 NETT**

This Unique bathing using the world first wine based on cosmetic promoting younger full and beautiful skin. The most important thing that Red Wine eliminates the risk of cancer and contains VIT A,B1/B2 and D. This experience is encouraging state calm and mind.

## ANDARU SPECIAL PACKAGE

Advance Booking Required

### **FLOWER SPA PACKAGE ( 90 MINUTES )**

**INTIMATE BATH : RP 1.500.000 NETT    EXTENSIVE BATH : RP 2.000.000 NETT**

Relaxation massage to soothe tense muscle and help the blood circulation of the body and make you feel calm on your mind and soul by using combination of Balinese traditional massage. Natural healing flower bath will be completed the treatment.

#### **Package includes:**

- 60 Minutes Balinese Massage
- 30 Minutes Flower Bath

### **SPA REJUVENATE PACKAGE ( BODY SCRUB SELECTION ) - ( 90 MINUTES )**

**INTIMATE BATH : RP1.200.000 NETT    EXTENSIVE BATH : RP 1.700.000 NETT**

The Body scrub and mask that radiates with health and is soft to touch. Carefully balance to both deeply cleanse and replenish, our body mask treatmet lift the veil of dullness and dryness to restore hydrated silkness to skin.end your experience by enjoying a fresh flower bath to completed your experience.

#### **Package includes:**

- 45 minutes Body Scrub and Body Mask
- 45 minutes Flower Bath

### **LEMON SENSATION PACKAGE ( 150 MINUTES )**

**INTIMATE BATH : RP 1.700.000 NETT    EXTENSIVE BATH : RP 2.700.000 NETT**

Escape into an exotic and luxurious moments, pamper your body and shoot your mind, Starting with Foot Bath Ritual + Traditional Balinese Massage + Choice of Body Scrubs scented lemon sensation bath can help protect your skin from the sun and environment pollution, combine with fresh lemon and various citrus fruit will escalate the skin cell and work on perfecting your skin.

#### **Package includes:**

- 60 minutes Balinese massage
- 45 minutes Body Scrub and Body Mask
- 45 minutes Lemon Sensation Bath



## **ANDARU SPECIAL PACKAGE**

### **HEAVENLY VINO THERAPY PACKAGE ( 120 MINUTES )**

**INTIMATE BATH : RP 1.700.000 NETT      EXTENSIVE BATH : RP 2.600.000 NETT**

This Unique treatment using the world first wine based on cosmetic promoting younger full and beautiful skin. The most important thing that Red Wine eliminates the risk of cancer and contains VIT A,B1/B2 and D. With the Mixture of massage and Body Scrub, this treatment is encouraging state calm and mind.

#### **Package includes:**

- 60 Minutes Balinese massage
- 30 minutes Body Scrub and Body Mask
- 30 Minutes Heavenly Vinotherapy Bath

### **RELAXATION SPA PACKAGE ( 180 MINUTES ) *Advance Booking Required***

**INTIMATE BATH : RP 2.500.000 NETT      EXTENSIVE BATH : RP 3.700.000 NETT**

Escape into an exotic and luxurious moments, pamper your body and shoot your mind, Starting with Foot Bath Ritual + Candle healing Massage + Choice of Body Scrubs, scented flower bath , Natural Traditional Facial Treatment, enjoy our healthy drink (Fruit Juice) and Indonesian Light meal to complete your spa experience with the picnic concept.

#### **Package includes:**

- 60 Minutes Candle Healing Massage
- 30 Minutes Body Scrub
- 30 Minutes Flower Bath
- 45 Minutes Natural Beauty Facial
- One Time Healthy Juice and Indonesian Light Meal



## **HEALING REJUVENATION**

### Healing Massage

#### **ABHYANGA ( HOT OIL MASSAGE )**

**RP 750.000 NET/PAX**

Ayurvedik daily oil massage to balance the nervous system. Prevent psychological imbalances and to lubricate and promote possibility of the muscle, tissues and join.

#### **SOUND HEALING ( 60 MIN )**

**RP 750.000 NET/PAX**

Sound therapy treatment is experience that you become more relaxed by lying down and slowing your breathing. By doing this, you prepare yourself to become the receiver of sound. It's in this place of stillness that you participate by becoming more open and aware of each sound that comes in. Sound helps create the pathway to this place of stillness the same as a mantra helps you to arrive at the still point of meditation. Someone can expect to feel very calm after a session, with a profound sense of well-being.

#### **Package inclusion:**

Welcome Drink, Cleansing Cakra Meditation, Sound Healing.



## **BEAUTY FACIAL TREATMENT**

### **REVITALIZE FACIAL SERIES ( 60 MIN )**

**IDR 750.000 NET / PERSON**

Using the high quality facial products of Loreal Paris, to deliver the outstanding skin solutions that restore, rejuvenate and revitalize all skin types. Facials complemented with upper chest, shoulder, back neck, and scalp massage for an optimum relaxing treatment experience.

### **BEAUTY WITH NATURAL PRODUCT ( 60 MIN )**

**IDR 650.000 NETT / PERSON**

This stimulating facial was once a beauty treatment reserved for royal princesses and women of the aristocratic class. It combines completely edible organic ingredients and extracts. A gentle acupressure massage to energy points on the face helps by releasing toxins and revitalizing delicate skin. This will leave you feeling clean and refreshed.

## **MANICURE AND PEDICURE**

### **MANICURE**

**IDR 400.000 NET / PERSON**

Hands are meant to be taken care of as well with a manicure session that starts with a warm hand bath which is a mixture of water, rock salt, and sliced limes to sanitize your palm and fingers. Next is to proceed with care for your nails with nail sculpturing, trimming, cuticle treatment, hand scrub, and hand massage. To perfect it, Polish your nail with some beautiful color.

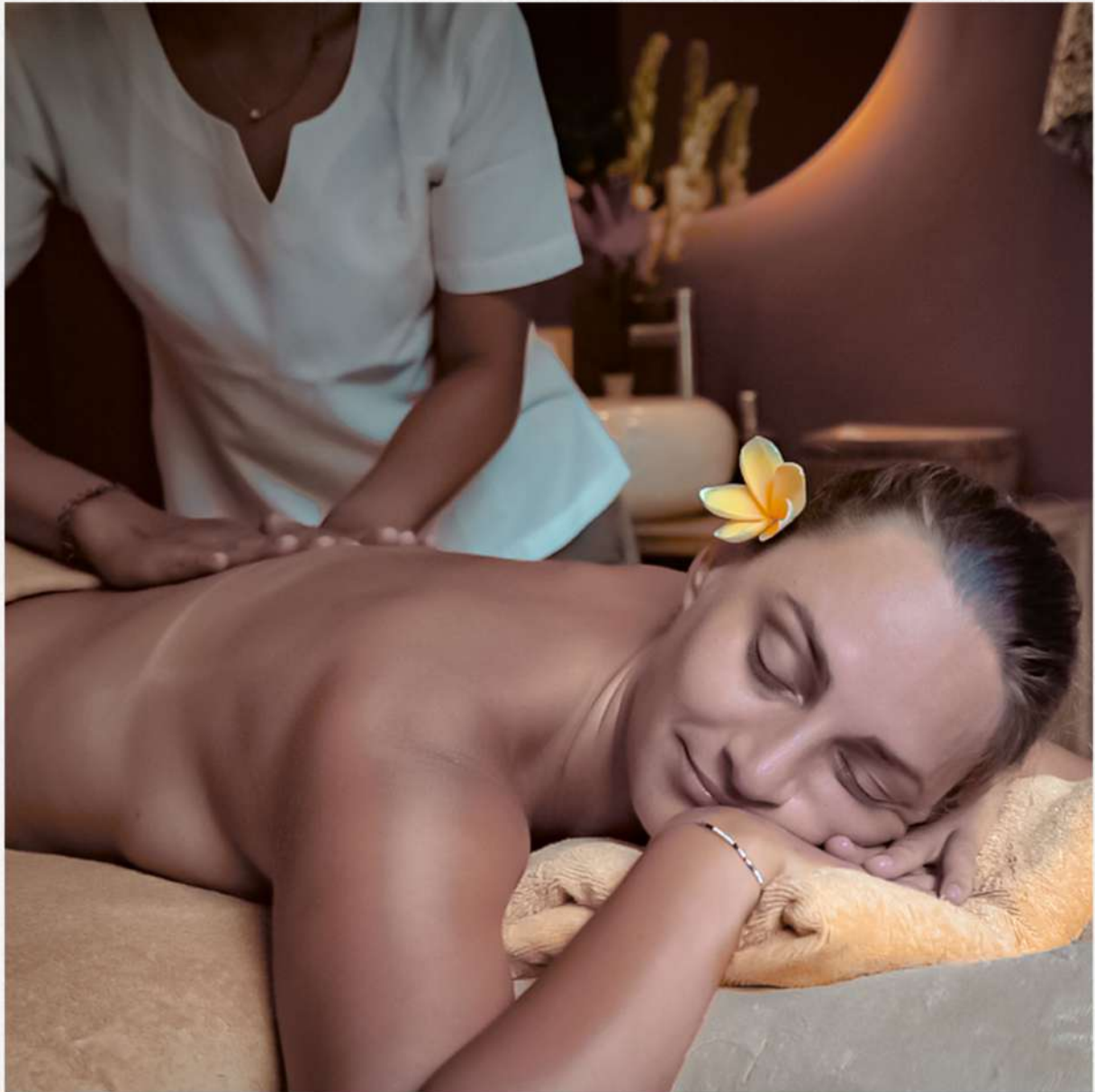
### **PEDICURE**

**IDR 400.000 NETT / PERSON**

Pamper yourself with a pedicure session that starts with a warm hand bath which is a mixture of water, rock salt, and sliced limes to sanitize your palm and fingers. Next is to proceed with care for your nails with nail sculpturing, trimming, cuticle treatment, hand scrub, and hand massage. To perfect it, Polish your nails with some beautiful color.

# ANDARU

SPA & HEALING



@andaruspa

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